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Key Stage 2

The Last Tiger



Kara Herbert

Dance

Key Stage 2

Lesson Plan for Key Stage 2 Dance

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Curriculum Objectives:

- Apply & develop a broad range of movement skills
- Learn how to use these in different ways
- Link them to make actions & sequences of movement
- Enjoy communicating and collaborating with each other
- Develop an understanding of how to improve
- Learn how to evaluate and recognise own success

Learning Outcomes:

- Use a variety of movements in isolation and combination
- Develop flexibility, strength, technique, control and balance
- Perform dances using a range of movement patterns
- Compare and evaluate performances against previous ones
- Demonstrate improvement to achieve personal targets

Unit Contents:

Week 1: Tigers

Week 2: Contrast and Compliment

Week 3: Caves and Play

Week 4: Cage and Crowds

Week 5: Beautiful Garden

Week 6: Follow-my-Leader

Tracks Used:

- ◀ ["Clouds"](#)
- ◀ ["Its Driving Me Sane"](#)
- ◀ ["Sun"](#)
- ◀ ["Awakening"](#)
- ◀ ["Strange Skies"](#)
- ◀ ["Soldier Ants"](#)
- ◀ ["When Will I See You?"](#)
- ◀ ["A Tender Moment"](#)
- ◀ ["Ebb and Flow"](#)

Week 1: Tigers

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Starter

Read "The Last Tiger", by Rebecca Elliott. Look at the first page and discuss the pictures, shapes and colours. How does it make you feel? "Luca lived in a strange world". There are no colours, lots of circles and sharp lines. "There were no trees, no plants... and no animals". Page two: "Except one. One last tiger". Discuss how a tiger moves.

Warm up ◀ "Clouds"

Make curved shapes, then move your body parts in circles. Now travel around the room, using sharp lines. Repeat 3 times.

Main ◀ "Awakening"

- A. Improvisation: move like a tiger.
- B. Musical statues with tiger poses. Try to make a different tiger pose each time the music stops.
- C. Create a simple motif with your favourite 5 moves and poses. Practice it and repeat three times. Show half the class at a time and get some feedback.

Cool Down ◀ "When Will I See You?"

Stretch like a big cat. On hands and knees, arch and curve your back then sit with your buttocks back, resting on your heels, head to the floor and arms stretched out in front.

Key Vocabulary:

shapes, travel, improvise, freeze, motif, repeat, stretch

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Full 6-Week Lesson Scheme

Thank you for sampling this lesson: to order the full 6-week scheme, please [click here](#)

The complete teaching pack includes the course outline (as shown); your 6-week lesson plan; supplementary teaching notes and full integrated music tracks. You can stream the music directly from the web, download tracks as mp3s or have them delivered on a CD. You may also have a pre-printed lesson sent to you in a handy display folder (see order page for options).

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