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Key Stage 2

Baghdad



Michelle Rochester

Dance

Key Stage 2

Lesson Plan for Key Stage 2 Dance

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Curriculum Objectives:

- Apply & develop a broad range of movement skills
- Learn how to use these in different ways
- Link them to make actions & sequences of movement
- Enjoy communicating and collaborating with each other
- Develop an understanding of how to improve
- Learn how to evaluate and recognise own success

Learning Outcomes:

- Use a variety of movements in isolation and combination
- Develop flexibility, strength, technique, control and balance
- Perform dances using a range of movement patterns
- Compare and evaluate performances against previous ones
- Demonstrate improvement to achieve personal targets

Unit Contents:

Week 1: Tigris & Euphrates River

Week 2: Farming & Houses

Week 3: Rehearsal & Growing

Week 4: City of Baghdad

Week 5: The Attack

Week 6: Black River

Tracks Used:

- ◀ ["Now & Then"](#)
- ◀ ["Sleep My Angel"](#)
- ◀ ["It's Getting Late"](#)
- ◀ ["Dragon Dance"](#)
- ◀ ["Gathering Mist"](#)
- ◀ ["Pushing On"](#)

Week 1: Tigris & Euphrates River

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Starter

Together we are going to create the two rivers. What sort of movements will we need?

Warm up ◀ "Now & Then"

High to low will be our direction of movements. Use fluid and wave-like movements to prepare your body for our dance lesson.

Model high quality and or creative movement ideas and practice all together.

Can we make these movements travel all around the hall?

Main ◀ "Now & Then"

- A. Let's create two rivers. Split into two halves and line up in the back two corners of the hall. Two, three, or four at a time, travel diagonally across the hall, crossing over the other group, using the high-to-low fluid movements.
- B. Half of the class watch the other and give positive feedback, highlighting which movements work well and why.

Cool Down ◀ "Sleep My Angel"

In Slow motion, perform your favourite fluid movements until you arrive lying on the floor in stillness.

Key Vocabulary:

levels, spatial pattern, fluid, sequential, tigris, euphrates

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Full 6-Week Lesson Scheme

Thank you for sampling this lesson: to order the full 6-week scheme, please [click here](#)

The complete teaching pack includes the course outline (as shown); your 6-week lesson plan; supplementary teaching notes and full integrated music tracks. You can stream the music directly from the web, download tracks as mp3s or have them delivered on a CD. You may also have a pre-printed lesson sent to you in a handy display folder (see order page for options).

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