The Environment
Lesson Plan for Key Stage 2 Dance

Curriculum Objectives:
- Apply & develop a broad range of movement skills
- Learn how to use these in different ways
- Link them to make actions & sequences of movement
- Enjoy communicating and collaborating with each other
- Develop an understanding of how to improve
- Learn how to evaluate and recognise own success

Learning Outcomes:
- Use a variety of movements in isolation and combination
- Develop flexibility, strength, technique, control and balance
- Perform dances using a range of movement patterns
- Compare and evaluate performances against previous ones
- Demonstrate improvement to achieve personal targets

Unit Contents:

Week 1: Recycling Machine
Week 2: Water movement
Week 3: Sun and plants Movement
Week 4: Pollution Dance
Week 5: Finalise Dance
Week 6: Rehearse and Perform

Tracks Used (click on links below to audition)

- "Drawing nearer"
- "Throw Some Sounds"
- "Trancy Groove"
- "Globosphere"
- "The River"
- "A Rainy Day"
- "Waterfalls"
- "Aztec"
- "Many Journeys"
- "Strange Skies"
**Week 1: Recycling Machine**

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**Starter**

Discuss recycling with the children. Ask:
- What does recycling mean?
- What type of things can be recycled?

Explain briefly why we recycle:
- Glass
- Plastic
- Tin/aluminium
- Paper
- Composting fruit and veg
- Clothing

**Warm up ➤ “Drawing nearer”**

Find a space and hold a tree position - stand tall, with twisted or curling branches.

When music begins, encourage children to sway in the wind.

Choose a child to be a wood cutter; they move around, cutting down the trees - each child falls slowly to the ground.

Discuss how you would fall safely.

Talk with the children about where paper comes from; how do trees help us? What do they give us? (Oxygen) If more paper were recycled, then fewer trees would be cut down.

**Main ➤ “Throw Some Sounds”**

A We are going to create a recycling machine with our bodies. Share ideas! Tell children they are going to recycle 2 materials: glass and paper.

Glass needs to be cleaned, crushed, mixed (with sand, ash, limestone and soda), melted and moulded. Paper needs to be sorted, cleaned, de-inked, heated, dried and squeezed.

What movements can we use? Share ideas!

B You are the glass getting recycled! Whilst music is played, shout out different actions that go with the glass recycling process:
- “Cleaned” turning slowly, imagine water falling down over you.
- “Crushed” closing-in movement, using low levels.
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- "Mixed" find a partner and spin, change partners and spin, change again, and again to represent being mixed with 4 different materials.
  [Could also do this by finding group of 4, holding hands and twisting in and out of one another]
- "Melted" twist and turn, moving slowly down to the ground.
- "Moulded" imagine you are being blown into a new shape.

Repeat if so desired, to help children remember the order. (This builds to make a short dance phrase).

C Repeat the process for recycling paper:
  - "Sorted" travel into groups of 3 or 4.
  - "Cleaned" spin on the spot.
  - "De-inked" dipping actions - rise and fall.
  - "Heated" closing-movements.
  - "Dried" lay flat.
  - "Squeezed" closing tight into a ball.

Practise this as many times as you need to help children to remember. (This also creates a short dance phrase)

D Children work together in groups of 5 or 6 to create the machine. Teacher moves around each group, offering ideas if needed and support. Discuss some of the movement actions, e.g. cleaned, crushed that may help with movement of machine. [Tip:- It could work like 'oranges and lemons' arch.]

E ◀ "Trancy Groove"
Split class into 3 groups:
  - Choose one group to become the machine.
  - Choose one group to be the glass.
  - Choose one group to be the paper.

Guide the glass group and paper group through the recycling machine.

Cool Down ◀ "Globosphere"
Encourage children to think of different movements that go under, over, between and through. Give examples first for each.

Key Vocabulary:
recycle, repeat, create, falling
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Full 6-Week Lesson Scheme

Thank you for sampling this lesson: to order the full 6-week scheme, please click here.

The complete teaching pack includes the course outline (as shown); your 6-week lesson plan; supplementary teaching notes and full integrated music tracks. You can stream the music directly from the web, download tracks as mp3s or have them delivered on a CD. You may also have a pre-printed lesson sent to you in a handy display folder (see order page for options).

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